



## MEMBERSHIP MEETING

January 20, 2016

12:30pm ET, 11:30am CT, 10:30am MT, 9:30am PT

## MINUTES

**Attended:** David Geier, Terri Sue Canale-Dalman, Victor Ortiz, Stacey Frohnapfel-Hasson, Susan Storti, Larissa Pixler, Kathy Scanlan, Lacrosha Graham, Cheryl Wilcox, Eric Preuss, Jennifer Davis-Walton, Bob Kerksieck, Liz Lanza, Jeremy Wampler, Lori Rugle.

### Preliminary Items

\*Welcome and Introductions Lori Rugle  
*President Lori Rugle welcomed members. Lori, based on mindfulness practice of "right" speech, asked us to introduce ourselves and challenged us to come up with favorite word or phrase for mindful (or politically correct) language to replace expletives!!*

\*Minutes of Members' Meeting 10/20/15 Lori for Smith Worth  
*The minutes of the October members' meeting were approved following a motion made by Terri Sue Canale-Dalman, and seconded by Larissa Pixler. Minutes will be posted on the Members' Forum tab of [www.apgsa.org](http://www.apgsa.org).*

\*Fiscal reports: Year-To-Date 12/31/15, account balances Eric Preuss  
*Eric Preuss presented the fiscal reports and noted that expenses and income are where we expect them to be at the mid-point of the fiscal year. Eric clarified that the \$10,000 that will be set aside for the next APGSA Survey of the States is not listed a line item, therefore the budget shows a surplus that will not be there at the end of the fiscal year. Kathy thanked members whose states have sent dues to APGSA, and encouraged those still working with their states to process dues requests.*

### Members' Exchange

I. APGSA Strategic Map: Follow-up Lori, Terri Sue

*Terri Sue presented us with an APGSA Strategic Map that was developed from the APGSA mission and vision statements as well as feedback from previous membership meetings. Terri Sue described the map as a "living" document that can be updated at any time, and clarified that the products or activities listed under the 3 main action items: support membership, information dissemination, and adherence to professional standards, are partly in place at present and partly to be developed.*

*There was discussion of some of the action items. Ideas were suggested for inclusion criteria for the Resource Library (on [www.apgsa.org](http://www.apgsa.org)). David Geier inquired about how members could become involved in helping develop the products and activities, and expressed an interest in working to develop the Resource Library. This led Terri Sue to describe the second page of the Strategic Map where the workgroups that are already in place are listed. Terri requested members to pick an area of interest and join a workgroup. If your interest is in a workgroup that already exists, contact a person in that group to let them know of your interest. If your interest is in a work group that still needs to be developed, let Kathy Scanlan know, and she will help that work group get started.*

*Members thanked Terri Sue for her work in developing a Strategic Map that is clear, simple, easy to use, and that represents members vision for APGSA.*

## II. Treatment: Structure, Enrollment and Retention

*The panel for this topic had some revisions due to schedule conflicts and emergencies with the original panel planning to lead this section. The topic was presented by Eric Preuss and discussion facilitated by Terri Sue Canale.*

### Iowa Gambling Treatment Program Design, Access, and Reimbursement

#### **Eric Preuss - Background**

- Undergrad Music Major
- 6 Years Seminary – Masters in Alcohol and Drug Abuse Ministry
- LICDC (Ohio), IAADC (Iowa), CCS
- Worked in Behavioral Health since 1987
  - Adolescent/Adult Counselor and Program Director
  - Clinical Supervisor
  - Executive Director
  - State of Iowa (Iowa Department of Public Health – 2010)
    - Iowa Gambling Treatment Program Manager - 2013

#### **Gambling in Iowa**

- 19 casinos licensed by the Iowa Racing and Gaming Commission
- Three tribal casinos
- 2,400 lottery outlets
- over 2,800 social and charitable gaming licenses

#### **Treatment Funding – State Allocation (flat funding since SFY 2011)**

Funding IDPH Problem Gambling Services State Fiscal Year 2016 Budget	
ACTIVITY	Amount

Treatment Services	\$1,155,110
Prevention Services	\$1,023,390
Recovery Support Services	\$114,242
1-800-BetsOff Helpline	\$87,418
Surveillance/Outcome Monitoring	\$170,860
Health Promotion	\$39,438
Training/Professional Development	\$137,908
Data Reporting System	\$83,163
IDPH Administration Costs	\$300,086
<b>TOTAL</b>	<b>\$3,111,614</b>

### Network Procurement and Reimbursement

- Competitive RFP (6 years – current RFP extended to June 2016)
- SFY 2017 – 6 year RFP to be released – Integrated (SUD/PG - Prevention and Treatment)
- SFY 2015 RFA documents



RFA SFY 2015  
FINAL.pdf



Service  
Definitions.pdf

**Table A: Treatment and Recovery Support Services - Unit Rate Budget**

Service Type	Unit of Service	Unit Rate	Per Client Maximum Benefit
Screening and Assessment	Unit = per screening and assessment	\$153	
Individual Counseling	Unit = 60 minutes	\$100	
*Group Counseling	Unit = 60 minutes	\$156	
Family Counseling	Unit = 60 minutes	\$100	
Crisis Services	Unit = 60 minutes	\$100	
Care Coordination	Unit = 60 minutes	\$52	\$500/ total
<b>Mileage</b>			
Mileage	Unit = 1 mile	\$0.39	
<b>Recovery Support Services</b>			
Life Skills Coaching	Unit = 60 Minutes	\$52	
Housing Assistance	Unit = \$1	\$1	\$700/ total
*Recovery peer coaching	Unit = 60 Minutes	\$52	\$200/month
Electronic Recovery Support Messaging	Unit = 1 minute	\$1	\$150/total
Supplemental need – utility assistance	Unit = \$1	\$1	\$200/ total
Supplemental need – clothing/hygiene	Unit = \$1	\$1	\$75/ total
Supplemental need – education	Unit = \$1	\$1	\$250/ total
Supplemental need – housing rental assistance	Unit = \$1	\$1	\$700/total
*Supplemental need – gas card	Unit = \$1	\$1	\$25 per week; \$200/ total
Supplemental need – wellness	Unit = \$1	\$1	\$250/ total
Supplemental need – bus/cab	Unit = \$1	\$1	

### Design

IDPH contracts with eleven local agencies licensed to provide problem gambling prevention, treatment and recovery support services in eleven service regions that together encompass all 99 Iowa counties. Funded problem gambling services include:

- **Counseling** for problem gamblers and those affected by the gambling of a family member and includes e-therapy (phone, secure web-based portals, and video-conferencing) which is available for eligible persons with barriers to accessing face-to-face treatment services.
- **Prevention Services** include strategies to provide information and education on the risks and responsibilities of gambling and assistance for individuals at increased risk of problem gambling.
- **Helpline referral and education** through 1-800-BETS OFF and [www.1800BETSOFF.org](http://www.1800BETSOFF.org), including a live chat option initiated in 2014.
- **Recovery Support Services** provide helpful supportive services like transportation assistance for persons receiving problem gambling counseling.
- **Training and professional development** for counselors providing treatment for problem gambling and common co-occurring conditions, like substance use and mental health disorders.
- **Research and Outcome monitoring** is provided through the University of Northern Iowa – Center for Social and Behavioral Research (see <http://www.idph.iowa.gov/igtp/reports>)

#### Access

- In SFY2015, it is estimated that approximately 9,000 adult Iowans met criteria for a gambling disorder.
- State-funded problem gambling services were provided to approximately 9.8% of those Iowans.
- While this is significantly greater than the national average (0.18%)<sup>1</sup>, it suggests there is a significant gap between the number of people who need services and the actual number who receive those services.
- IDPH continues to work with providers to support an efficient network of care that reaches all Iowans in need.
- One example of those efforts is the continued enhancement and expansion of the use of e-therapy services (phone, video and web-based treatment options).
  - While it's not feasible to offer treatment in every Iowa community, use of e-therapy helps Iowans with barriers to attending face-to-face treatment regularly, participate in treatment and receive the help they need.

Problem Gambling Prevention and Treatment Services				
State Fiscal Year	# of Prevention Hours	# of Clients Treated	1-800 Off Helpline Calls	1800BetsOff.org Site Visits
2006	3,500	1,205	3,297	-
2007	5,963	1,146	3,613	-
2008	4,814	940	3,820	-

<sup>1</sup> Marotta, J., Bahan, M., Reynolds, A., Vander Linden, M., & Whyte, K. (2014). 2013 National Survey of Problem Gambling Services. Washington DC: National Council on Problem Gambling.

<b>2009</b>	5,816	905	3,435	-
<b>2010</b>	9,077	948	3,942	-
<b>2011</b>	7,435	789	3,695	6,156
<b>2012</b>	6,602	728	4,029	13,599
<b>2013</b>	7,682	678	4,122	14,353
<b>2014</b>	7,710	602	5,417	11,208
<b>2015</b>	8,781	888	6,311	9,524

*During Eric's presentation many members added information about treatment design, access, and reimbursement in their perspective states. Terri Sue mentioned that members might wish to coordinate or discuss with other members who have similar programs. APGSA members have a variety of expertise and the association is a great place to share information so that we all don't have to "reinvent the wheel".*

*Meeting was adjourned at 2pm ET, 1:00pm CT, 12:00pm MT, 11:00am PT*